Someone is experiencing a mental health issue in Agago district

The person is referred to BNUU by someone in their family, community or school (e.g. village health team, religious leader, teacher etc.)

...or...

The person encounters BNUU's counsellors at a community awareness raising session or school mental health assembly

In the community...

in the community.

The person attends a mental health clinic run by BNUU and is triaged by BNUU's Psychiatric Nurse

In schools...

If at school, the young person is assessed by a teacher, and referred to a health worker if necessary

Freatment/ support

Triage

They are prescribed medication

or...

and

They are referred for counselling

..or...

They are referred to the regional or national referral hospital

If at school, the young person attends a psychosocial support group for group counselling

They are seen monthly at mental health clinics by the Psychiatric Nurse They receive 1:1 or group counselling, and their caregivers are supported through home visits

BNUU's counsellors and teachers meet young people with mental health conditions weekly If the young person does not recover, they proceed to counselling by BNUU's counsellors and teachers, and if necessary, medication

Self-help

Next steps

Follow up

Self-help groups are supported with training, savings and livelihoods to break the cycle of mental illness and poverty

When their condition has improved they

are encouraged to form a self-help group

with other people and their caregivers they met at the mental health clinics

Parents of young people with mental health conditions are educated on the young people's conditions